



CLARIFYING YOUR MISSION

Mapping Out Your Purpose

5-PART EXERCISE

PART 1 Creating Your Mission Statement

PART 2 Creating Your Mission Plan

PART 3 Creating Your Vision for Partnership

PART 4 Recognizing Your Partner's Strengths

PART 5 Your Joint Vision



This 5-part exercise is designed to help men define their life's mission, align their purpose with their partner, and create a vision for a lasting legacy. By reflecting on your values, goals, and the role of your partner, you'll gain clarity on who you are, what drives you, and how to build a meaningful life with your partner.

This exercise is valuable whether you are single or in a relationship. If you're already in a committed relationship, it can help you and your partner create structure, set meaningful goals, and align your visions for the future. If you're single, it's an opportunity to gain clarity on your life's mission and identify a compatible partner whose vision aligns with yours.

Each step of this exercise builds on the last, guiding you to:

- Define your personal mission.
- Create a plan to achieve it.
- Identify the qualities you need in a supportive partner.
- Celebrate the strengths she brings to your relationship.
- Merge your visions into a powerful, shared purpose.

This exercise is not only a roadmap for your life but a foundation for building a relationship rooted in purpose, love, and alignment. Begin with honesty and end with a vision for your future together.

Parts 1–3 of this exercise are designed for individual reflection. **Part 4** is meant to be completed once you’ve found a partner you want to build a life with. **Part 5** is specifically for your partner to fill out, allowing her to reflect on how her vision aligns with yours. Once both of you have completed the exercise, it’s important to come together to create a shared vision for your life. Document this vision and commit to revisiting it regularly—whether twice a year, quarterly, or on a schedule that works for you both—to make any necessary adjustments.

As life evolves, so will your shared vision, and making space to refine it ensures your goals and partnership stay aligned.

Here's an acronym using the letters in **MISSION** to help you identify your life's purpose:

M - Meaning: What gives your life significance and fulfills you?

I - Introspection: Reflect on your values, experiences, and passions.

S - Service: How can you use your strengths to serve others?

S - Skills: What are your natural talents and learned abilities?

I - Identity: Who are you at your core, beyond roles and expectations?

O - Opportunities: What opportunities align with your purpose?

N - Needs: What does the world need that you are uniquely able to provide?

About the husband and wife coaching team:



ABOUT ME

I am Coach Clark.
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ABOUT ME

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PART 1

**CREATING YOUR MISSION
STATEMENT**

Meaning: I find meaning in _____ because it _____.

Introspection: Through reflection, I've discovered that _____ and _____ are core to who I am.

Service: I feel called to serve others by _____, which allows me to make a positive impact on _____.

Skills: My unique skills in _____ and _____ help me fulfill my purpose by _____.

Identity: At my core, I am _____, and I strive to live authentically as this person every day.

Opportunities: I seek opportunities to _____ because it aligns with my values and goals.

Needs: I am dedicated to addressing the need for _____ in the world by _____.



PART 2

**CREATING YOUR
MISSION PLAN**

By the end of my life, I want to _____, because it will _____.

I want to impact my family by _____, so that _____.

I want to impact the world by _____, which will help _____.

And my step-by-step plan for achieving this mission is as follows:

- **Milestone 1:** By _____ (specific time frame), I will _____ by _____ (specific action).
- **Milestone 2:** By _____, I will _____ by _____.
- **Milestone 3:** By _____, I will _____ by _____.
- **Milestone 4:** By _____, I will _____ by _____.
- **Milestone 5:** By _____, I will _____ by _____.



PART 3

**CREATING YOUR VISION
FOR PARTNERSHIP**

In order to achieve this mission, I need a partner who:

- **Values:** Shares my core values of _____ and _____.
- **Encourages:** Encourages me when I _____ and supports me in _____.
- **Collaborates:** Is willing to collaborate with me on _____ and help me navigate _____.
- **Challenges:** Challenges me to grow by _____ and holds me accountable for _____.
- **Understands:** Understands my purpose of _____ and is patient with me as I work toward _____.
- **Inspires:** Inspires me by _____ and motivates me to _____.
- **Builds Together:** Dreams with me about _____ and helps build a legacy of _____ for our family and the world.



PART 4

RECOGNIZING YOUR PARTNER'S STRENGTHS

The strengths I see in you are:

- Your ability to _____ inspires me because _____.
- You excel at _____, which brings _____ to our relationship.
- I admire how your _____ and the impact it has on _____.

You are strong where I am weak in:

- _____, and your strength helps me to _____.
- _____, which balances out my _____.
- _____, allowing us to grow together as a team.

Your unique gifts of _____ and _____ make me confident that we can accomplish _____ together.

A photograph of a young Black couple smiling and clinking champagne glasses. The woman is on the left, wearing a light-colored dress, and the man is on the right, wearing a white shirt and a grey blazer. The background is filled with warm, out-of-focus bokeh lights.

PART 5

YOUR JOINT VISION

My personal mission is to:

- _____, because it fulfills my desire to _____.
- I feel called to _____, as it allows me to _____.

I see your mission of _____ as deeply meaningful because it _____.

Together, I believe our missions align in the following ways:

- We both value _____, which strengthens our bond and shared purpose.
- Your focus on _____ complements my focus on _____, allowing us to _____.
- Our shared passion for _____ creates an opportunity for us to _____.

Our joint mission could be:

"To _____ by combining your strengths in _____ with my strengths in _____, so that we can _____ and leave a legacy of _____."

To support our joint mission, I commit to:

- _____ to help us grow together.
- _____ to nurture our partnership and family.
- _____ to ensure we stay aligned and focused on our shared purpose.

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